

# Preparations for Bedbug Treatment

## **IMPORTANT NOTE:**

Please use this prep sheet as a checklist during your preparation process to ensure all needs are met. Failing to prepare your unit may result in a cancelation of treatment.

## **STEP ONE – BEFORE 1<sup>st</sup> TREATMENT**

The bedbug eradication process is tedious and complex. It all starts with a good preparation based on IPM principles. The pre-treatment preparation by the TENANT includes:

- Putting all clothing, curtains and bedding in plastic bags, Tie the bags TIGHTLY and bringing them to laundry. Wash with hot water for 50 minutes then dry on high heat with an additional 20 minutes after items are dry
- Put pillows and stuffed animals in the dryer only on high heat for 50 minutes
- After the laundry phase, put all items in NEW plastic bags and tie the bags tightly to prevent re-infestation
- Choose some supply of clothing and bedding (NO MORE THEN 1 or 2 BAGS) to put aside so you have what you need until the 2nd treatment phase is complete. Any clothing or bedding used between 1st and 2nd treatment phases, MUST be stored after use in a plastic bag and taken back to laundry
- Collect and move all needed items such as: medication, documents, etc. to kitchen area and place inside a plastic bag for safe keeping
- Remove and bag or box items from floor, cupboards, shelves and closets, tabletops and drawers to treat these areas
- Pack all items in sealable bins or bagged boxes. If using bagged boxes, you MUST tie the bags tightly
- If accessible, stack all bins or boxes on balcony to clear room for exterminators to work
- Vacuum all furniture, baseboards and anywhere else activity can be found. Be sure to immediately empty your vacuum into a garbage bag, tie the bag tightly and dispose of the bag in outdoor garbage
- Have building office help to remove electrical face plates and light switch covers for residual dusting
- On treatment day move all bagged laundry to bathtub for storage

## **CAUTION:**

- All clothing and items must remain bagged and packed until after the 2nd treatment (unless instructed otherwise) to prevent re-infestation between treatment phases.
- After the preparation is verified a licensed exterminator will treat the unit and furniture items with residual pesticide followed by a 2nd treatment in 2 weeks.

## **STEP TWO – 2<sup>nd</sup> TREATMENT**

A 2nd treatment will follow within 10-15 days of 1st chemical treatment. If no activity is found on the 2nd treatment, you are clear to remove bagged items and return the unit to its pre-treatment condition.

## **SPECIAL NOTE:**

- ALL PETS MUST BE OUT OF YOUR UNIT BEFORE THE TREATMENT. YOU WILL BE REQUIRED TO STAY AWAY FROM THE TREATED UNIT FOR 4-6 HOURS DEPENDING ON ANY MEDICAL CONDITIONS.
- It is strongly recommended your unit be as tidy as possible to guarantee a better treatment of your unit. A lot of clutter will make any treatment more difficult and it may not be effective.